

Queer & Trans Affirming Resource Guide

At Wildflower, we are trauma-informed, committed to antiracism and social justice advocacy, sex-positive, kink and BDSM-friendly, and welcoming to all who identify under the LGBTQIA+ umbrella. We want to build a world that celebrates the uniqueness of each individual and where human worth is a given.

If you are interested in learning about mental health services at Wildflower, please visit our website at www.wildflowerllc.com or call us at 312.809.0298.

We hope the resources compiled in this guide will help you create a meaningful community and obtain useful information.



Organizations and Websites

- **The Asexual Visibility & Education Network**
The world's largest online asexual community and archive of resources on asexuality.
<https://www.asexuality.org/>
- **Bisexual Resource Center**
An online resource focused on connecting members of the bi, pan, and queer communities and helping them thrive through education, resource sharing, and community celebration.
<https://biresource.org/>

- **Brave Space Alliance**

Brave Space Alliance is the first Black-led, trans-led LGBTQ+ Center located on the South Side of Chicago, dedicated to creating and providing affirming, culturally competent, for-us by-us resources, programming, and services for LGBTQ+ individuals on the South and West sides of the city.

<https://bravespacealliance.org/>

- **Center on Halsted**

A nonprofit LGBTQ community center in Chicago's Lakeview neighborhood which provides a range of community services, including behavioral health, youth and senior programming, and community events.

<https://www.centeronhalsted.org/>

- **FEDUP Collective**

Fighting Eating Disorders in Underrepresented Populations is a collective of trans, intersex, and gender diverse people who believe eating disorders in marginalized communities are social justice issues. FEDUP compiles resources for LGBTQ and BIPOC individuals seeking ED treatment and support.

<https://fedupcollective.org/>

- **Howard Brown Health**

A nonprofit healthcare organization providing LGBTQ+ primary care, sexual and reproductive care, and counseling services across Chicagoland.

<https://howardbrown.org/>

- **The Network/La Red**

The Network/La Red is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, kink, polyamorous, and queer communities. TNLR provides a range of survivor services and resources.

<https://www.tnlr.org/en/>

- **Transformative Justice Law Project of Illinois**

TJLP provide support, advocacy, and free, holistic criminal legal services to transgender people in Illinois. They work in legal services, support community survival, and educational resources and training.

<https://chartreuse-roadrunner-rpsl.squarespace.com/>

Books

- *Ace: What Asexuality Reveals about Desire, Society, and the Meaning of Sex* by Angela Chen
- *Baby Making for Everybody: Family Building and Fertility for LGBTQ+ and Solo Parents* by Ray Rachlin & Marea Goodman
- *Care Work: Dreaming Disability Justice* by Leah Lakshmi Piepzna-Samarasinha
- *Trans Bodies, Trans Selves: A Resource Guide by and for the Transgender Community* edited by Laura Erickson-Schroth
- *The Velvet Rage: Overcoming the Pain of Growing Up Gay in a Straight World* by Alan Downs, Ph.D.
- *What's Your Pronoun? Beyond He and She* by Dennis Baron

Podcasts

- Beauty Translated - A podcast about the trans experience covering topics related to the legal, medical, and emotional changes that come with gender transition
- Bottoming - An LGBTQ+ mental health podcast about rock bottoming and beyond
- Falling Out LGBTQ - A mental health podcast for the LGBTQ+ Community
- Proud Voices - A podcast about substance use disorder and recovery in the LGBTQ+ community

Hotlines and Textlines

- 988 Suicide & Crisis Lifeline - A national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States

Call: 988

For Deaf and HoH: Dial 711 and then 988

- The Trevor Project - A crisis line for LGBTQ young people ages 13-24
Call: 1 (866) 488-7386
Text: 678-678
- The Network/La Red - Provides support, information, referrals, safety planning, and crisis intervention for LGBTQ+ folks and folks in kink and polyamorous communities who are being abused or have been abused by a partner.
Call: 1 (617) 742-4911
- Trans Lifeline - A trans-led organization that connects trans people to community support and resources to survive and thrive.
Call: 1 (877) 565-8860

Financial Support

- Mental Health Fund for Queer and Trans Black, Indigenous, and People of Color - Offers financial support to QTBIPOC seeking mental health services. Provides support for up to six sessions.
<https://nqttcn.com/en/mental-health-fund/>
- Point Foundation Scholarships - Offers financial aid for tuition and related school expenses for LGBTQ students in community college, undergraduate, graduate, and doctoral programs.
<https://pointfoundation.org/scholarships>
- Point of Pride Financial Aid - Provides funding for gender-affirming surgeries, hormone replacement therapy, and electrolysis for transgender individuals. Additionally offers free chest binders and femme shapewear.
<https://www.pointofpride.org/>
- Trans Lifeline Microgrants - Provides trans and nonbinary people with funds to correct names and gender markers on identifying legal documents and/or to fund gender-affirming hair removal treatment
<https://translifeline.org/microgrants/>